

What is claimed is:

1. A one-way nut fastener, comprising:

a nut body including a side wall that is internally threaded and at least one lobe that extends from the side wall, wherein said at least one has a flat portion that extends substantially radially away from the side wall.
2. The one-way fastener of claim 1, wherein the nut body has a through-hole therein.
3. The one-way fastener of claim 1, wherein the nut body is turned by applying a rotational force to at least one of the flat portions.
4. The one-way fastener of claim 1, wherein at least one lobe has a curved portion that extends from the flat portion.
5. The one way fastener of claim 1, wherein the at least one lobe is at least two lobes, and each lobe has a curved portion that extends from the flat portion to the flat portion of an adjacent lobe.
6. The one way fastener of claim 1, wherein the nut body is a cap.

7. A one-way nut fastener, comprising:
a nut body including a side wall including an internal attaching mechanism and at least one lobe that extends from the side wall, wherein said at least one lobe has a flat portion that extends substantially radially away from the side wall.
8. The one-way fastener of claim 7, wherein the nut body has a through-hole therein.
9. The one-way fastener of claim 7, wherein the nut body is turned by applying a rotational force to at least one of the flat portions.
10. The one-way fastener of claim 7, wherein at least one lobe has a curved portion that extends from the flat portion.
11. The one way fastener of claim 7, wherein the at least one lobe is at least two lobes, and each lobe has a curved portion that extends from the flat portion to the flat portion of an adjacent lobe.
12. The one way fastener of claim 7, wherein the nut body is a cap.